

## **INFLATABLE SUPPORT PILLOW AND METHODS**

### **ABSTRACT OF THE DISCLOSURE**

A support pillow comprises an inflatable pillow body having an interior that is adapted to be filled with a fluid to inflate the pillow body, a top side, a bottom side, and at 5 least one wall disposed in the interior and that connects the top side to the bottom side to facilitate flattening of the top and the bottom sides when the pillow body is inflated. The pillow body further comprises a medial region and first and second opposing arms extending from the medial region, with the arms having respective first and second end portions remote from the medial region. Further, the cantilever arms are curved about a vertical axis, and the 10 cantilever arms and medial region cooperate to define an open well.

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